



Íslandsgangan 2015

Hermannsgangan
Fjarðargangan
Bláfjallagangan
Strandagangan
Orkugangan
Fossavatnsgangan
Stig samtals
Göngum lokið

Konur, 16-34 ára

| | Nafn | Ár | Félag | Herm | Fja | Blá | Str | Ork | Foss | Samt | Fj. |
|---|------------------------------|------|-------|------|-----|-----|-----|-----|------|------|-----|
| 1 | Sigríður Drífa Þórólfsdóttir | 1982 | Ullur | 50 | | | 50 | 50 | | 150 | 3 |
| 2 | Katrín Árnadóttir | 1983 | Ullur | | | 50 | | | 50 | 100 | 2 |
| 3 | Elsa Guðrún Jónsdóttir | 1986 | SÓ | | 50 | | | | | 50 | 1 |

Konur, 35-49 ára

| | Nafn | Ár | Félag | Herm | Fja | Blá | Str | Ork | Foss | Samt | Fj. |
|-----|-------------------------------|------|----------------|------|-----|-----|-----|-----|------|------|-----|
| 1 | Guðbjörg Rós Sigurðardóttir | 1974 | SFÍ | | | | 50 | | 50 | 100 | 2 |
| 2 | Sigrún María Bjarnadóttir | 1975 | Akureyri | | | | | 50 | 33 | 83 | 2 |
| 3 | Anna Sigríður Vernharðsdóttir | 1969 | Ullur | 50 | | | | | 28 | 78 | 2 |
| 4 | Dana Ježková | 1978 | Ullur | | | 50 | | | | 50 | 1 |
| 5-7 | Vala Friðriksdóttir | 1969 | SFS | | | | 44 | | | 44 | 1 |
| 5-7 | Friðrika Marteinsdóttir | 1967 | Akureyri | | | | | 44 | | 44 | 1 |
| 5-7 | Stella Hjaltadóttir | 1967 | SFÍ | | | | | | 44 | 44 | 1 |
| 8-9 | Brynildur Gísladóttir | 1972 | Húsavík | | | | | 38 | | 38 | 1 |
| 8-9 | Jóna Lind Kristjánsdóttir | 1968 | SFÍ | | | | | | 38 | 38 | 1 |
| 10 | Halldóra G. Matthíasdóttir | 1969 | Ullur | | | | | 33 | | 33 | 1 |
| 11 | Guðný Jóna Valgeirsdóttir | 1974 | Ullur | | | | | 28 | | 28 | 1 |
| 12 | Jórunn Jónsdóttir | 1976 | Kópavogur | | | | | | 24 | 24 | 1 |
| 13 | Þorbjörg Ósk Pétursdóttir | 1969 | Hlaupahópur FH | | | | | | 20 | 20 | 1 |
| 14 | Nanna Jónsdóttir | 1974 | | | | | | | 17 | 17 | 1 |
| 15 | Alma María Rögnvaldsdóttir | 1970 | Garðabær | | | | | | 14 | 14 | 1 |
| 16 | Sigríð Einarsdóttir | 1976 | Akureyri | | | | | | 12 | 12 | 1 |
| 17 | Sigríður Ásta Guðjónsdóttir | 1975 | Reykjavík | | | | | | 10 | 10 | 1 |

Konur, 50-59 ára

| | Nafn | Ár | Félag | Herm | Fja | Blá | Str | Ork | Foss | Samt | Fj. |
|-----|--------------------------|------|---------------|------|-----|-----|-----|-----|------|------|-----|
| 1 | Guðrún Pálsdóttir | 1955 | SSS | 50 | 50 | 50 | | 50 | | 200 | 4 |
| 2 | Kristina Andersson | 1961 | Hafnarfjörður | | | 44 | | 44 | 24 | 112 | 3 |
| 3 | Auður Yngvadóttir | 1963 | SFÍ | | | | 44 | | 44 | 88 | 2 |
| 4-5 | Jóhanna Oddsdóttir | 1961 | SFÍ | | | | 50 | | | 50 | 1 |
| 4-5 | Rannveig Halldórsdóttir | 1964 | SFÍ | | | | | | 50 | 50 | 1 |
| 6-8 | Sigríður Sigurðardóttir | 1964 | Ullur | | | 38 | | | | 38 | 1 |
| 6-8 | Aðalbjörg Ívarsdóttir | 1961 | Húsavík | | | | | 38 | | 38 | 1 |
| 6-8 | Elsa Þórisdóttir | 1962 | Kópavogur | | | | | | 38 | 38 | 1 |
| 9 | Steinunn Hannesdóttir | 1962 | Ullur | | | | | | 33 | 33 | 1 |
| 10 | Svanhildur Þengilsdóttir | 1964 | Garðabær | | | | | | 28 | 28 | 1 |

Konur, 60 ára og eldri

| | Nafn | Ár | Félag | Herm | Fja | Blá | Str | Ork | Foss | Samt | Fj. |
|-----|-----------------------------|------|-----------|------|-----|-----|-----|-----|------|------|-----|
| 1-3 | Kristjana Sigurharðardóttir | 1951 | SKA | 50 | | | | | | 50 | 1 |
| 1-3 | Gerður Steinþórsdóttir | 1944 | Ullur | | | | 50 | | | 50 | 1 |
| 1-3 | Cecilie Landsverk | 1954 | Reykjavík | | | | | | 50 | 50 | 1 |

Karlar, 16-34 ára

| | Nafn | Ár | Félag | Herm | Fja | Blá | Str | Ork | Foss | Samt | Fj. |
|-----|-----------------------------|------|---------------|------|-----|-----|-----|-----|------|------|-----|
| 1 | Sævar Birgisson | 1988 | SÓ | 50 | 50 | 50 | | | | 150 | 3 |
| 2 | Gylfi Ólafsson | 1983 | Ullur | | | 28 | 50 | | 44 | 122 | 3 |
| 3 | Rögnvaldur Björnsson | 1981 | SKA | 44 | 38 | | | | | 82 | 2 |
| 4 | Ingólfur Magnússon | 1980 | SSS | | | 24 | | | 33 | 57 | 2 |
| 5 | Ólafur Th. Árnason | 1981 | Ullur | | | | | | 50 | 50 | 1 |
| 6-7 | Sindri Kristinsson | 1993 | SKA | | 44 | | | | | 44 | 1 |
| 6-7 | Vadim Gusev | 1981 | SKA | | | 44 | | | | 44 | 1 |
| 8 | Einar Birkir Sveinbjörnsson | 1985 | SFÍ | | | | | | 38 | 38 | 1 |
| 9 | Maksymilian Haraldur Frach | 1996 | SFÍ | | | 33 | | | | 33 | 1 |
| 10 | Samúel Orri Stefánsson | 1982 | SFÍ | | | | | | 28 | 28 | 1 |
| 11 | Bjarki Guðjónsson | 1998 | SKA | | | | | | 24 | 24 | 1 |
| 12 | Helgi Þór Arason | 1986 | Hafnarfjörður | | | | | | 20 | 20 | 1 |

Karlar, 35-49 ára

| | Nafn | Ár | Félag | Herm | Fja | Blá | Str | Ork | Foss | Samt | Fj. |
|-------|------------------------------|------|---------------|------|-----|-----|-----|-----|------|------|-----|
| 1 | Gísli Einar Árnason | 1974 | SKA | 50 | 50 | 50 | 50 | | 50 | 250 | 5 |
| 2 | Birkir Þór Stefánsson | 1968 | SFS | 24 | | 44 | 38 | 50 | 38 | 194 | 5 |
| 3 | Ólafur Ragnar Helgason | 1976 | Ullur | 20 | 28 | 38 | 33 | | 44 | 163 | 5 |
| 4 | Eiríkur Gíslason | 1979 | SFÍ | 28 | 33 | 24 | 28 | 38 | | 151 | 5 |
| 5 | Helgi Heiðar Jóhannesson | 1979 | SKA | 44 | 44 | | | | | 88 | 2 |
| 6 | Ragnar Bragason | 1974 | SFS | | | 33 | 24 | | 20 | 77 | 3 |
| 7 | Sigurgeir Svavarson | 1967 | SKA | 38 | 38 | | | | | 76 | 2 |
| 8 | Jón Ólafur Sigurjónsson | 1975 | Ullur | 17 | 24 | | | | 24 | 65 | 3 |
| 9 | Snorri Þ. Ingvarsson | 1967 | Ullur | 14 | 17 | | | | 33 | 64 | 3 |
| 10 | Sigurður Þórarinnsson | 1967 | ÍR skokk | 12 | 20 | 28 | | | | 60 | 3 |
| 11 | Birkir Þór Jónasson | 1969 | Völsungur | | | 12 | | 33 | | 45 | 2 |
| 12-13 | Daníel Jakobsson | 1973 | SFÍ | | | | 44 | | | 44 | 1 |
| 12-13 | Höskuldur Skúli Hallgrímsson | 1969 | Völsungur | | | | | 44 | | 44 | 1 |
| 14-15 | Helgi Borg | 1967 | Reykjavík | | | 9 | | 24 | | 33 | 2 |
| 14-15 | Sigurbjörn Þorgeirsson | 1971 | SÓ | 33 | | | | | | 33 | 1 |
| 16-17 | Arnar Bragason | 1972 | Akureyri | | | | | 28 | | 28 | 1 |
| 16-17 | Þórður Kárason | 1965 | Hafnarfjörður | | | | | | 28 | 28 | 1 |
| 18 | Gunnar Torfason | 1973 | Ullur | | | 17 | | | 10 | 27 | 2 |
| 19 | Árni Georgsson | 1976 | Ullur | | | 14 | | | 12 | 26 | 2 |
| 20 | Vignir Örn Pálsson | 1970 | SFS | | | | 20 | | 4 | 24 | 2 |
| 21 | Sveinbjörn Sigurðsson | 1965 | FH | | | | 17 | | 6 | 23 | 2 |
| 22-23 | Guðmundur Arnar Ástvaldsson | 1976 | Ullur | | | 20 | | | | 20 | 1 |
| 22-23 | Róbert Ragnar Skarphéðinsson | 1974 | Húsavík | | | | | 20 | | 20 | 1 |
| 24 | Kristinn Halldórsson | 1972 | Ullur | | | 10 | | | 8 | 18 | 2 |
| 25-26 | Bergþór Bjarnason | 1970 | Húsavík | | | | | 17 | | 17 | 1 |
| 25-26 | Páll Janus Hilmarsson | 1978 | SFÍ | | | | | | 17 | 17 | 1 |
| 27-28 | Ragnar Baldvinsson | 1975 | Mývatn | | | | | 14 | | 14 | 1 |

| | Nafn | Ár | Félag | Herm | Fja | Blá | Str | Ork | Foss | Samt | Fj. |
|-------|-----------------------------|------|----------------|------|-----|-----|-----|-----|------|------|-----|
| 27-28 | Magnús Sigurjónsson | 1977 | Ullur | | | | | | 14 | 14 | 1 |
| 29 | Hlöðver Tómasson | 1976 | Garðabær | | | 8 | | | 1 | 9 | 2 |
| 30 | Hjörtur P. Jónsson | 1971 | Hlaupahópur FH | | | | | | 9 | 9 | 1 |
| 31 | Sigurður Ísólfsson | 1968 | Ullur | | | 7 | | | 1 | 8 | 2 |
| 32-33 | Höskuldur Borgþórsson | 1978 | Kópavogur | | | 6 | | | 1 | 7 | 2 |
| 32-33 | Rúnar Pálmason | 1973 | ÓT | | | | | | 7 | 7 | 1 |
| 34 | Atli Sturluson | 1966 | Bíddu Bliki | | | 5 | | | 1 | 6 | 2 |
| 35 | Halldór Daðason | 1967 | | | | | | | 5 | 5 | 1 |
| 36 | Ólafur Rafnsson | 1976 | Reykjavík | | | 4 | | | | 4 | 1 |
| 37 | Jóhann Dagur Svansson | 1971 | SFÍ | | | | | | 3 | 3 | 1 |
| 38 | Jóhannes Bjarni Guðmundsson | 1974 | Ekkert | | | | | | 2 | 2 | 1 |
| 39-54 | Ari Hermann Oddsson | 1975 | Mosfellsbær | | | | | | 1 | 1 | 1 |
| 39-54 | Atli G. Atlason | 1975 | Crossfit Sport | | | | | | 1 | 1 | 1 |
| 39-54 | Atli Þór Jakobsson | 1979 | | | | | | | 1 | 1 | 1 |
| 39-54 | Ástþór Reynir Guðmundsson | 1978 | Hlaupahópur FH | | | | | | 1 | 1 | 1 |
| 39-54 | Benedikt Hálfðanarson | 1965 | Crossfit Sport | | | | | | 1 | 1 | 1 |
| 39-54 | Bjarki Beck | 1972 | ÍR SKOKK | | | | | | 1 | 1 | 1 |
| 39-54 | Björn Styrmir Árnason | 1967 | Garðabær | | | | | | 1 | 1 | 1 |
| 39-54 | Eiríkur Einarsson | 1979 | Garðabær | | | | | | 1 | 1 | 1 |
| 39-54 | Hermann Snorrason | 1973 | | | | | | | 1 | 1 | 1 |
| 39-54 | Hinrik Jóhannsson | 1974 | Reykjavík | | | | | | 1 | 1 | 1 |
| 39-54 | Magnús Baldvinsson | 1971 | Kópavogur | | | | | | 1 | 1 | 1 |
| 39-54 | Pétur Már Ómarsson | 1976 | Hafnarfjörður | | | | | | 1 | 1 | 1 |
| 39-54 | Rúnar Marinó Ragnarsson | 1972 | Reykjavík | | | | | | 1 | 1 | 1 |
| 39-54 | Sigurður Benediktsson | 1969 | Kópavogur | | | | | | 1 | 1 | 1 |
| 39-54 | Stefán Guðjónsson | 1971 | | | | | | | 1 | 1 | 1 |
| 39-54 | Viðar Einarsson | 1972 | Garðabær | | | | | | 1 | 1 | 1 |

Karlar, 50-59 ára

| | Nafn | Ár | Félag | Herm | Fja | Blá | Str | Ork | Foss | Samt | Fj. |
|-------|----------------------------|------|-----------|------|-----|-----|-----|-----|------|------|-----|
| 1 | Einar Ólafsson | 1962 | SFÍ | 38 | 50 | 50 | 50 | | 50 | 238 | 5 |
| 2 | Kristbjörn R. Sigurjónsson | 1960 | SFÍ | 44 | 44 | 44 | 44 | | 38 | 214 | 5 |
| 3 | Unnsteinn Jónsson | 1963 | SKA | 24 | 28 | | | 38 | 28 | 118 | 4 |
| 4 | Halldór G. Halldórsson | 1958 | SKA | 33 | | | | 50 | 33 | 116 | 3 |
| 5 | Halldór Ólafsson | 1961 | Ullur | 12 | 24 | 33 | 33 | | | 102 | 4 |
| 6 | Birgir Gunnarsson | 1963 | Ullur | 50 | | 38 | | | | 88 | 2 |
| 7 | Magnús Ingi Óskarsson | 1960 | Ullur | | | 28 | | | 44 | 72 | 2 |
| 8 | Guðmundur Bj. Guðmundsson | 1962 | SKA | 20 | | | | 33 | 17 | 70 | 3 |
| 9 | Sigurgeir Stefánson | 1964 | Völsungur | 28 | 38 | | | | | 66 | 2 |
| 10-11 | Einar Ágúst Yngvason | 1963 | SFÍ | | | | 38 | | 24 | 62 | 2 |
| 10-11 | Orri Einarsson | 1959 | SKA | 14 | 20 | | | 28 | | 62 | 3 |
| 12 | Jóhannes Kárasón | 1956 | SKA | 17 | 33 | | | | | 50 | 2 |
| 13 | Ómar Torfason | 1959 | ÍR skokk | 9 | 17 | | | | 20 | 46 | 3 |
| 14 | Arnar Guðmundsson | 1964 | Húsavík | | | | | 44 | | 44 | 1 |
| 15 | Trausti Valdimarsson | 1957 | Ullur | | | 24 | | | 9 | 33 | 2 |
| 16 | Haukur Friðriksson | 1956 | Reykjavík | | | 20 | | | 7 | 27 | 2 |
| 17 | Óskar Ármannsson | 1964 | Reykjavík | | | 17 | | | 1 | 18 | 2 |
| 18-19 | Guðjón Marteinnsson | 1964 | SKA | | | | | | 14 | 14 | 1 |
| 18-19 | Tómas Jóhannesson | 1957 | Reykjavík | | | 14 | | | | 14 | 1 |

| | Nafn | Ár | Félag | Herm | Fja | Blá | Str | Ork | Foss | Samt | Fj. |
|-------|-------------------------|------|----------------|------|-----|-----|-----|-----|------|------|-----|
| 20-21 | Eysteinn Einarsson | 1964 | Reykjavík | | | 12 | | | | 12 | 1 |
| 20-21 | Jón Oddsson | 1958 | Reykjavík | | | | | | 12 | 12 | 1 |
| 22-23 | Elías Bj. Gíslason | 1962 | SKA | 10 | | | | | | 10 | 1 |
| 22-23 | Kristján Þ. Halldórsson | 1961 | HSP | | | | | | 10 | 10 | 1 |
| 24-25 | Geir Sigurðsson | 1956 | SFÍ | | | | | | 8 | 8 | 1 |
| 24-25 | Ívar Sigurharðarson | 1958 | SKA | 8 | | | | | | 8 | 1 |
| 26 | Sigurður Sigurgeirsson | 1964 | Ullur | | | | | | 6 | 6 | 1 |
| 27 | Sævar Pétursson | 1960 | 3SH | | | | | | 5 | 5 | 1 |
| 28 | Hilmar Harðarson | 1956 | Crossfit Sport | | | | | | 4 | 4 | 1 |
| 29 | Oddur Kristjánsson | 1962 | Kópavogur | | | | | | 3 | 3 | 1 |
| 30 | Rafnkell Jónsson | 1964 | 3N | | | | | | 2 | 2 | 1 |
| 31-34 | Andrés Þór Hinriksson | 1964 | Hafnarfjörður | | | | | | 1 | 1 | 1 |
| 31-34 | Björn Erlingsson | 1957 | | | | | | | 1 | 1 | 1 |
| 31-34 | Guðni Gíslason | 1957 | Hlaupahópur FH | | | | | | 1 | 1 | 1 |
| 31-34 | Halldór Þórarinsson | 1962 | Ullur | | | | | | 1 | 1 | 1 |

Karlar, 60 ára og eldri

| | Nafn | Ár | Félag | Herm | Fja | Blá | Str | Ork | Foss | Samt | Fj. |
|-------|-------------------------|------|-----------|------|-----|-----|-----|-----|------|------|-----|
| 1 | Magnús Eiríksson | 1951 | SSS | 50 | 50 | 50 | | 50 | 50 | 250 | 5 |
| 2 | Þórhallur J. Ásmundsson | 1953 | Ullur | 44 | | 44 | 50 | 44 | 44 | 226 | 5 |
| 3 | Þóroddur Þóroddsson | 1950 | Ullur | 20 | | 33 | 38 | 33 | 20 | 144 | 5 |
| 4 | Egill Guðmundsson | 1953 | Ullur | | | 38 | | 38 | 38 | 114 | 3 |
| 5 | Hjálmar Jóelsson | 1941 | Höttur | 28 | 44 | | | | 24 | 96 | 3 |
| 6 | Rósmundur Númason | 1953 | SFS | | | | 44 | | 33 | 77 | 2 |
| 7 | Jörundur Traustason | 1950 | SKA | 38 | 38 | | | | | 76 | 2 |
| 8 | Grímar Guðmundsson | 1950 | SKA | 33 | | | | | | 33 | 1 |
| 9-10 | Árni Óðinsson | 1950 | Þór | | | | | | 28 | 28 | 1 |
| 9-10 | Hafsteinn Guðjónsson | 1949 | Akureyri | | | | | 28 | | 28 | 1 |
| 11-12 | Ásgeir Kristjánsson | 1953 | Völsungur | 24 | | | | | | 24 | 1 |
| 11-12 | Gísli Óskarsson | 1947 | Ullur | | | | | 24 | | 24 | 1 |

Fjöldi

36 24 41 22 29 96 145 145